

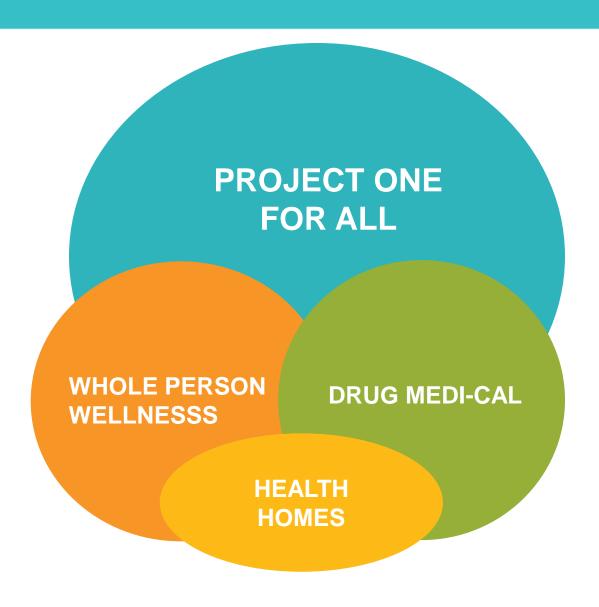
WHOLE PERSON WELLNESS

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HEALTH AND HOUSING: AN INTEGRATED APPROACH





BACKGROUND



Medi-Cal 2020 waiver

Tests locally based initiatives that coordinate physical health, behavioral health, and social services across multiple entities for people that are high users of multiple systems and have poor outcomes

PARTNERS

































Alliance Healthcare Foundation

Advancing health and wellness for those in need."







SAN DIEGO'S PROPOSED TARGET POPULATION



People who are **high utilizers** of health services <u>AND</u> are experiencing **homelessness**, **or are at-risk of homelessness** <u>AND</u> have one or more of the following:

Serious Mental Illness

Substance Use Disorder Chronic
Physical
Health
Conditions

WHOLE PERSON WELLNESS



SERVICE MODEL

- Must be non Medi-Cal reimbursable services designed to supplement those that are Medi-Cal reimbursable
- San Diego's design:
 - 12 "System Integration Teams" working throughout the entire county
 - Teams comprised of one social worker and one peer support specialist

WHOLE PERSON WELLNESS



- San Diego's design (continued):
 - Provide comprehensive care coordination and access to variety of services and housing based on the individual's need, including:
 - Housing navigation and tenancy supportive services such as how to be a good tenant, problem-solving
 - Assistance accessing physical and behavioral health services
 - Access to social services, such as benefits
 - Work with the individual for two years

IMPROVED HEALTH OUTCOMES THROUGH:





Data collection and sharing



System coordination to improve access



Access to housing and supportive services



Inappropriate ED use and hospitalizations



REQUESTED ACTION Behavioral Health Advisory Board

Support the recommendation to authorize procurement of one or more contracts to provide Whole Person Wellness services.

THE FUTURE



